

The Gluten-Free foodbank

Part of the National Celiac Association

Exciting news! The Gluten-Free Food Bank has become a pilot project of the National Celiac Association. This is a wonderful development that will help us reach out to even more people who need gluten-free food assistance. Learn more about our mission below, and find out how you can help.

What is the Gluten-Free Food Bank?

The Gluten-Free Food Bank provides gluten-free food assistance to individuals across Eastern Massachusetts who have a medical need for gluten-free food but who struggle to afford this expensive diet.

The Problem

Eating gluten-free excludes an enormous amount of food products from the diet. Replacement food is extremely expensive. For some individuals and families, a medical diagnosis can lead to a severe strain on financial resources. Gluten-free food is rarely available at food pantries, leaving few options for getting affordable, safe hunger relief.

“My nine year old daughter... was recently diagnosed with celiac [disease]. The prices are so expensive for these products. We are a family of 5 and shopping for 2 different lists is tough and costly.”

Gluten-Free Food Bank Client



Stamp illustration: ducu59us/Shutterstock.com

Our Solution

With the help of our supporters we distribute gluten-free staples to our partner food pantries across Eastern Massachusetts, for use by people with a medical need for gluten-free food.

“There is no single greater contribution than to feed another human being, particularly a person with restricted diet due to allergies.”

*Dr. Wendie Trubow
President of NCA*

Ways to Help

From donations to volunteerism, you can make a difference for Massachusetts residents in need of gluten-free food assistance.

Donate

Individuals are welcome to donate unopened, non-perishable gluten-free food that has not reached its sell by date. Companies are invited to donate non-perishable or frozen food products. We are able to accept items approaching sell by date, consumable seconds and product over-runs. Financial donations are also very welcome. As we are a 501(c)(3) non-profit all donations are tax deductible.

To coordinate a donation please contact us at: glutenfreefoodbank@nationalceliac.org



Photo: RossHelen/Shutterstock.com

Volunteer

If you would like to help us with our mission of getting gluten-free food to those in need, please consider volunteering with us. There are plenty of ways to get involved:

- Collect and distribute gluten-free food to area pantries.
- Organize a fundraising event.
- Organize a gluten-free food drive, perhaps as part of a Bar/Bat Mitzvah or a birthday event.
- Encourage your company to help via corporate giving and sponsorship.

If you would like to volunteer, please send your name, interest and the best way to reach you to: glutenfreefoodbank@nationalceliac.org

“Being able to afford safe, gluten-free food is a challenge for many people with celiac disease and other gluten-related disorders. By providing safe food through the Gluten-Free Food Bank, NCA is providing a vital service to less fortunate members of our celiac community, which is well worth our support.”

Susie Flaherty

Center for Celiac Research and Treatment, Massachusetts General Hospital

Become a Corporate Supporter

We recognize corporate donors with:

- An announcement of the donation in NCA's e-newsletter and on social media.
- Placement of company logo and weblink on the Gluten-Free Food Bank pages on NCA's website.

Connect with Us

Mailing Address:

The Gluten-Free Food Bank

P.O. Box 600066

Newton, MA 02460

Shipping address provided upon request

Email: glutenfreefoodbank@nationalceliac.org

Web: <https://www.nationalceliac.org/the-gluten-free-food-bank>

Most Needed Items

Cereals, oatmeal & granola

Mac & cheese and pasta meals

Nutritious snacks

Pasta

Rice

Quinoa & other grains

Soups and stews

Condiments and sauces

Frozen & shelf stable bread and bread products*

Flour

Sweet and savory baking mixes

Beans (canned and dried)

Frozen meat and fish*



Photo: Audrey Starostin/Shutterstock.com

**Please note we can only receive frozen product from corporate donors.*



Photo: Rawpixel.com/Shutterstock.com

Participating Food Pantries

This is a current list of participating food pantries.
 Please call or check pantry website to check hours and eligibility requirements.

Abington, MA

St. Vincent de Paul Food Pantry
 455 Plymouth St., Abington, MA
 Able to accept anyone with a referral.
 Call 781-878-1194

Ashland, MA

Ashland Community Center
 162 West Union St., Ashland, MA
 Ashland residents only.
 Call 508-881-0140

Boxborough, MA

The Acton Food Pantry
 235 Summer Rd., Boxborough, MA
 Able to accept anyone for GF food.
 Call 978-635-9295, or visit actonfoodpantry.org

Easthampton, MA

The Easthampton Community Center
 12 Clark Street, Easthampton, MA
 Serves Easthampton and surrounding towns.
 Call 413-527-5240, email etoncommctr@gmail.com
 or visit easthamptoncommunitycenter.vzwebsites.com

Gloucester, MA

The Open Door
 28 Emerson Avenue, Gloucester, MA
 Serves Gloucester, Rockport, Manchester, Essex and Ipswich.
 Call 978-283-6776 for more information,
 or visit foodpantry.org

Hopkinton, MA

Project Just Because
 86 South St, Hopkinton, MA
 Able to accept anyone for GF food.
 Call 508-435-6511,
 or visit projectjustbecause.org

Jamaica Plain, MA

Jamaica Plain - APAC
 30 Bickford St., Jamaica Plain, MA
 In the Bromley Health Housing Development (requires Project Bread Referral).
 Call 1-800-645-8333, or visit bostonabcd.org/jamaica-plain-apac.aspx

Medway, MA

Medway Village Food Pantry
 Medway Village Church
 170 Village St., Medway, MA
 Able to accept anyone for GF food.
 Call 508-533-6401, or visit medwayvillage.org

Natick, MA

A Place to Turn
 99 Hartford St., Natick, MA
 Able to accept anyone with a referral.
 Call 508-655-8868, or visit aplacetoturn-natick.org

Norwell, MA

Friends of Norwell
 Norwell Town Hall
 345 Main St, Norwell, MA
 Norwell residents only.
 Call 781-690-5050, or visit friendsofnorwell.org

Norwood, MA

Norwood Food Pantry
 150 Chapel St., Norwood, MA
 Able to accept anyone for GF food.
 Call 781-291-3663, or visit norwoodpantry.org

Somerville, MA

Elizabeth Peabody House
 277 Broadway, Somerville, MA
 (Grant St. entrance)
 Able to accept anyone for GF food.
 Call 617-623-5510, or visit teph.org

Wayland, MA

Parmenter Food Pantry
 266 Cochituate Rd., Wayland, MA
 Wayland residents only.
 Call 508-358-3001, or visit parmenterfoundation.org

Wellesley, MA

Wellesley Food Pantry
 Wellesley Hills Congregational Church
 207 Washington St., Wellesley, MA
 Wellesley residents only.
 Call 781-235-1188,
 or visit wellesleyfoodpantry.org

Woburn, MA

Council of Social Concern
 2 Merrimac St., Woburn, MA
 Woburn & Winchester residents.
 Call 781-935-6495,
 or visit socialconcern.org

Worcester, MA

Friendly House
 36 Wall St., Worcester, MA
 Able to accept anyone for GF food.
 Call 508-755-4362,
 or visit friendlyhousema.org



Illustration: Clenpies Design/Shutterstock.com